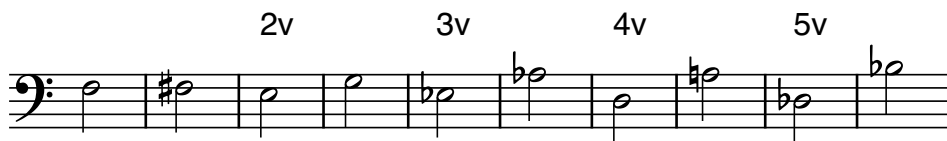


Daily Maintenance

Matthew Gee

All the following exercises follow *The Sequence* shown here.



Singing through the instrument – Use the air as freely as you would if you were singing the exercise. Better still, sing the exercise first. Glissando wherever possible.

♩ = 66



Air-flow – Focus on your air-flow, phrasing towards the octave.

♩ = 80



Legato Air – Play each key twice: glissando the first time through with no articulation, then repeat with the best legato you have. Try to keep the air-flow identical both times.

♩ = 60



Broken Arpeggios, Major – Pick a tempo where you can complete all keys in one breath. Do not use too much pressure.

♩ = 100



Extended Broken Arpeggios, Minor – Explore your entire range, using as little pressure as possible and prioritising flexibility.

